

# A<sub>PhA</sub>-ASP Newsletter

## Being a Pharmacist, Means Being a Member of A<sub>PhA</sub> Dan Wojenski

A<sub>PhA</sub> is the umbrella organization for pharmacy. It offers students the opportunity to practice their pharmacy skills in the community; network with pharmacists, employers, and student pharmacists; guide the future of pharmacy through legislation, and attend professional meetings across the country. It is a means for student pharmacists to build on their skills in order to become good pharmacists. Our chapter has been working harder than ever this fall to give all the students at UIC-COP as many opportunities as possible.

This semester has been a huge success. Our patient care projects including Operation Diabetes, Operation Immunization, Heartburn Awareness, Women's Health, and Smoking Cessation have held more than a hundred events where students counseled over a thousand patients in the Chicagoland area. The events included diabetes screenings at Grant Park, blood pressure screenings at Soldier Field, heartburn counseling at Dominicks, flu clinics at O'Hare airport, women's health counseling at PCC, and smoking cessation counseling at OCC. The variety of events catered to different student interests and skills.

Our chapter has also been able to attend two professional meetings, IPhA Annual in Peoria, IL and A<sub>PhA</sub> Midyear in Toledo, OH. We had a great representation at these meetings as our school was recognized at both. At IPhA Annual, two students, Carolyn Sharpe and Amanda Seddon, placed in the top three of the state patient counseling competition. At A<sub>PhA</sub> Midyear our chapter won the Regional Challenge Award for providing programs that demonstrated A<sub>PhA</sub>'s current theme, "Many Paths One Purpose." Also, two legislative proposals written by UIC, were passed at the Midyear Meeting meaning they will be voted on by the national A<sub>PhA</sub>-ASP.

If you have not gotten involved with A<sub>PhA</sub> during the fall there is still time and you have a lot to look forward to this spring semester. Our chapter is preparing for the Annual Meeting in Washington, DC where we will be joining every A<sub>PhA</sub>-ASP chapter in the country. Students can look forward to our annual Legislative Day in March where students go to Springfield, IL to visit their legislators and promote pharmacy. Also our patient care project chairs are working on special events for the semester such as diabetes cooking classes and information booths on travel vaccines. Finally, students can get excited for the unveiling of two new projects, Men's Health as well as Project Heart, a new A<sub>PhA</sub> initiative to educate patients on cardiovascular complications. With all these upcoming events, students have many opportunities to get involved and start on their way to become pharmacists!

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## Chemical Dependency Education for Health Care Professionals

### Kim Kauzlarich

Chemical dependency among healthcare professionals is a very real issue with greater prevalence than many may believe. Studies have shown that dependency among healthcare professionals is double that of the general population – approximately 20% versus 10% of the general population. As gatekeepers to the public and access to drugs ourselves, we need to not only possess an in-depth understanding of addiction related issues, but also know what to do in the event we find a coworker, family member, or ourselves in a position with a problem.

The Utah School for Alcoholism and Other Drug Dependencies is a week-long course focused on increasing awareness of such issues. This course takes place annually at the University of Utah campus located in Salt Lake City at the foothills of the Wasatch Mountains. This June 2010, the School will be celebrating its 59<sup>th</sup> anniversary. Attendees consist of an eclectic mix of students, faculty, state and national association executives, and professionals from all over the country. Organized into 15 sections based on specialization (i.e. physicians, nursing, counseling, etc.) the pharmacy section always has largest representation by far. A few of the pharmacy section speaker topics include – the pathophysiology of addiction, relapse prevention and monitoring, understanding 12-step programs, conducting intervention, pain management in recovering addicts, as well as touching personal stories from recovering pharmacists. These recovering pharmacists also lead discussions at nightly Al-Anon, AA, and NA 12-step meetings. Attendees may join in and share personal stories or simply listen and learn. Outside of classroom activities, other highlights of the week include a challenging hike up Sage Point which guarantees spectacular mountaintop views. An all school picnic is held each year complete with musical and dance performances by local Native Americans dressed in elaborate traditional costumes, including a nationally recognized hoop dancer (seriously, this guy is amazing!). One night is left free for attendees to check out any summertime festivals going on in downtown Salt Lake, rent a car and drive up the mountains to Olympic Park in Park City, or to just take the night off to relax.

Everyone has their own reasons for attending the Utah School for Alcoholism and Other Drug Dependencies. Whether you are looking to get involved with implementing programs for those afflicted with dependency issues, a safe place to discuss personal or professional concerns related to chemical dependency, or simply interested in elective/CE credit and want to get away this summer, the School is very well organized and has plenty to offer those seeking a more in depth understanding of addictive diseases. Although emotional at times, everyone is guaranteed to walk away with unforgettable stories as well as invaluable information regarding chemical dependency issues applicable to any area of pharmacy practice.



## Biking For A Diabetes Cure!

Donna Marie Faber

On Sunday, May 24, 2009, APhA Operation Diabetes members participated in the American Diabetes Association Tour de Cure Bike Ride to raise awareness about the diabetes health condition. The UIC College of Pharmacy Bike Team joined thousands of riders in the 15-mile bike ride along the beautiful Chicago lakefront. Operation Diabetes members also volunteered at the event and aided in registering bike ride participants.

The Tour de Cure was a great opportunity for future healthcare professionals to show their support for diabetes patients. By participating in this event, our team raised public awareness about the health condition and the importance of diabetes screening and management. Bike ride participants were also encouraged to fund-raise to benefit the American Diabetes Association. The donations fund research and programs for individuals whose daily lives are affected by diabetes and its complications. Our fund-raising efforts were very successful and the team is proud to have donated \$1305!

Since this event was a great experience for all of the participants, the UIC College of Pharmacy Bike Team plans to have the Tour de Cure as an annual event. We encourage students, faculty, family, and friends to join our team in May 2010!

 American Diabetes Association®

**Tour de Cure®**



Elaine Pimentel, Katie McCool, Jake Kelahan,  
Donna Faber, and Laurie Kania

## Casa de Salud-Peru Samantha Keca

Do you enjoy traveling and helping those in need? Then the APhA annual trip with Casa de Salud-Peru may be the perfect summer excursion for you!

In June, eight UIC-COP APhA members boated down the Amazon, and hiked through the jungles of Peru to assist Kerrylyn Rodriguez (founder of Casa de Salud-Peru) make her nineteenth year of service to Peru a success. These students helped set up eight clinics throughout the northeastern part of the country by providing much needed healthcare and medical supplies to thousands of Peruvians who otherwise would not have access. Five of these clinics were located within the city of Iquitos and three others were held in jungle villages on tributaries directly off the Amazon River.

At each of the clinics, pharmacy students checked patients' blood pressure and glucose levels, helped them pick out donated reading glasses, volunteered in the pharmacy, helped physicians see patients, and assisted dentists pull teeth and give fluoride treatments. UIC-COP students also had the opportunity to volunteer and learn outside of the clinics. The students first met with a priest who developed a free hospice service for AIDS patients. They also had the opportunity to visit and bring gifts to children at an orphanage, to tour and sit in on a physiology class at the local pharmacy school, and to help set up the first free diabetes clinic in Peru.

Casa de Salud is a great program, which could not be possible without the help of volunteers and support of many generous donors. If you are interested in this or any other international pharmacy opportunity, please contact Stacey Federman at [sfeder2@uic.edu](mailto:sfeder2@uic.edu).



## APhA 2009 Golf Outing Robert J. Lucas

The 2009 APhA 5<sup>th</sup> Annual Golf Outing took place this year at Woodbine golf course in Homer Glen, Illinois. Nearly seventy people attended the event, with 32 golfers (8 teams) and an additional 30 people who came to the awards dinner that followed. Overall, we were able to raise an estimated \$5000 to be put toward numerous professional events through the 2009-2010 school year. With such strong leadership, it is no wonder why the annual golf outing continues to be a successful fundraising effort for the University of Illinois at Chicago chapter of APhA. With that in mind, an important and much needed thank you needs to be extended to Jake Kelahan and Sam Keca for their dedication of time and effort as the chapter's 2009 golf outing chairs. As we look toward next year, it promises to be a continued fundraising juggernaut, with the new golf outing chairs, Aimee Lusson and Prachi Shah at the helm.



## Ron Santo JDRF Walk to Cure Diabetes

Robert J. Lucas

This year's Ron Santo JDRF Walk to Cure Diabetes was a great success. Not only did we get to raise over \$300 for juvenile diabetes research, but the walk provided plenty of fun for those who attended. We began the day listening to a local cover band play some classical rock music to get the party started. A light warm-up from a personal trainer enabled walkers of all ages to loosen up and prepare their bodies for the 5k-walk that followed. Finally, members of our chapter marched with thousands of others along the scenic Chicago lakefront, and together we drew much needed attention to an ongoing struggle that many families and children must face. In the very near future, with the continued support of time and monetary contributions, the Juvenile Diabetes Research Foundation will be able to develop revolutionary techniques to utilize in the fight against diabetes.



Left, Illinois Patient Counseling Winner- Carolyn Sharpe

in the day. On Saturday the rest of the student-focused activities took place including Pharmacy Jeopardy, Immunization Roundtables, an Innovative Practice and Leadership Panel, and a CV workshop. The keynote speaker for the day, Past President of APhA Tim Tucker, gave a very motivating speech that was appropriate for the changes going on in the profession right now. Finally, before listening to inspiring stories while honoring pharmacists who have been in the profession for more than half a decade, the winners of the First Annual Statewide Patient Counseling Competition were announced. Carolyn Sharpe, P3, took first place while Amanda Seddon, P2, took second runner-up. Hopefully this recognition for UIC's stellar counseling skills will continue in the following years!

## IPhA Annual Meeting

Michelle Bryson

Twelve students attended the IPhA Annual Meeting in Peoria, IL this year. Many of us arrived just in time for a free dinner at the Business Etiquette with Ms. Manners program. Everyone who attended the dinner was seated randomly which gave us all an opportunity to do a little networking. Our three local Patient Counseling Competition winners – Elaine Lencioni, Amanda Seddon, and Carolyn Sharpe, had already competed earlier

## Advisor's Corner

Marlowe Djuric Kachlic,  
Pharm.D.

As the end of the fall semester approaches, many of you might be planning on attending ASHP's Midyear Clinical Meeting to look at residency programs or summer internships. Even if you're not attending Midyear, if you're considering applying for any Chicago-area summer internships, it's never too late to think about professional communication. The following includes a few tips and pointers on preparing your resume/CV, communicating with potential employers, completing your applications and letters of intent, preparing for your interview, and finally, thanking companies/institutions for considering you.

### Resume/CV

Your resume/CV should grow with you as you go through pharmacy school, internships, residency, and your job. Keep adding to it the more you do. A CV, or curriculum vitae, is just a longer version of the resume you already have. It contains more detail about your rotations, your volunteer activities, awards and honors. The following sequence of information is relatively standard in a CV: education, work experience, clerkship rotations, presentations and publications, honors and awards, memberships in organizations (including offices held), professional and community service, and other special experiences or skills. Each section should concentrate on pharmacy-related experience. However, if you've only been in pharmacy school for a semester or so, you can add in accomplishments from college, but as you go on in school, these will not be as important. If you have questions about your CV, check with your advisor or another faculty member.

### Verbal Communication

When you are able to speak face-to-face with prospective residencies or internships, it's important to be very organized and succinct. At residency fairs like at Midyear, you only have a minute or two to find out what you need to about the program—in a room with thousands of other people. Go prepared—find out a little about the program. Do they have a specialty you're interested in? What types of longitudinal experiences are there? Do the residents get bonding opportunities? Walking up to representatives from a residency and saying "Tell me about your program" usually does not go over well. Ask good questions, but don't take a long time. Be sure to thank them and give them your business card when you leave.

### Application/Letter of Intent

Applications for residency programs, in particular, are quite similar and all due to the programs on the same day. This can be a cumbersome way to spend your holiday break, but first and foremost, make sure your applications are on time. This means setting up faculty or employers who are writing your letters of recommendations as soon as possible. Programs with many applicants will absolutely not consider you if any part of your application is late or missing. You can usually write one letter of intent and tweak the details for each program you're applying for. Letters of intent should essentially introduce you to the employer, as well as describe your career goals, leadership skills, professional experiences, and anything that makes you unique.

### Interview

One of the most important things you can do before an interview is research everything you can about the program. Come prepared to be asked, "Do you have any questions?" several times during your interview. The best thing to do is simply have a list of questions to ask. After all, if your interview goes well and you're offered the position, you want to accept knowing that you've found out everything you can already. Questions about pay and benefits like insurance and vacation should probably come after you've been offered the position. Interviews for residencies and internships are not much different from your interview to get into pharmacy school. Employers will ask situational type questions like, "Tell me about a time when you had to convince someone your plan for a patient was best" or "Tell me about a conflict you had with a colleague or classmate and how you resolved it." There are many resources available online that provide example questions asked in pharmacy residency and internship interviews. They're not necessarily what everyone uses, but they might give you good practice before your interview.

### Thank You's

Mom and grandma were right—you should always send a thank you note! When you go to Midyear to talk to employers, internships, or residency programs, be sure to ask for the business card of the person you talk to. When you get home, send them a short note, thanking them for the time they spoke with you and for answering your questions. Also, be sure to reiterate your interest in their program. The same applies after you interview. Ask for the cards of everyone who interviews you, then write notes and send them the same day. This gesture keeps you in their minds, and continues to show your interest in the program.

Keep these points in mind as you start to think about your summer and post-graduation opportunities. Should you find yourself with an interview or applying for a program, ask your faculty advisor or another faculty member for a pep talk. We've all been through these things and have lots of advice to give! Also, check out ASHP's CareerPharm site. They have a lot of resources for applications, letters of intent, interviews, etc.

## American Pharmacists Month 2009

Neal Lyons

This October was a very special American Pharmacists Month for the University of Illinois at Chicago. Our college embraced APhA's goal to raise awareness and promote our motto "Know Your Medicine. Know Your Pharmacist." This year, UIC was able to utilize many resources that a large metropolis such as Chicago has to offer. The city provided a great backdrop in which we carried out our goals of raising awareness on a massive scale, displaying our professional knowledge through local events, getting youth interested in pharmacy as a profession and also celebrate pharmacy *within* the profession.

One such way we were able to gain exposure was by having a group of 15 pharmacy students dressed in their finest white coats march up to NBC5 studios. We proudly held our APhA American Pharmacists Month banner and got the attention of the news anchors. We were shown on the October 21st morning news while an anchor proclaimed, "UIC Pharmacy students are visiting to let us know that October is American Pharmacists Month and have come with an important message: Know your medicine. Know your pharmacist." Our message was transmitted to hundreds of thousands of homes throughout the Chicago-land area.

Other community outreach events were aimed to increase awareness of the skill set pharmacists offer. Our APhA chapter hosted health screenings at a local outpatient pharmacy. Students

measured blood pressure, screened for diabetes, advocated for flu vaccinations and counseled patients on the value of eating healthy and exercising. The weeklong event was in addition to the multitude of other initiatives, such as heartburn and smoking cessation, which continued during the month of October.

Not only did we want to advocate for pharmacists currently in the career, but we also wanted to get high school and college students to think about the profession of pharmacy. A few pharmacy students took time to visit their old high schools in the suburbs of Chicago to talk with teenagers about the profession. In addition, our APhA chapter hosted students from the

University of Illinois Urbana-Champaign campus who were interested in pharmacy. We had them meet with someone from the Office of Admissions to talk about the application process, took them on a tour of the school and had a Q&A session. The prospective students were also able to sit in on a presentation given by a guest lecturer.



American Pharmacists Month is also a time to celebrate the profession with fellow pharmacy students. Students participated in an Internship Showcase for the benefit of their fellow classmates. Over twenty different pharmacy-related internships were displayed in the showcase, allowing P1s and P2s to see the myriad of options available to them during their summer breaks. This provided a wonderful venue for students to get their questions answered and find career options that pique their interests.

Through the internship showcase and all other American Pharmacists Month events, it is evident that although there are many options available to graduates, we are all pharmacists. We are all APhA.

## Midyear Meeting

Laurie Kania



This year's APhA Region 4 Midyear Meeting was held in Toledo, Ohio from October 16-18<sup>th</sup>. It was an exciting opportunity to meet other students and explore the profession. On Friday we had fun at the Casino Night social with slot machines, roulette, blackjack, raffles and more!

Saturday consisted of workshops and the initial proposal forum. Many of the P2's attended the Patient Counseling Workshop where we were first introduced to the three prime questions. The Many Paths, One Purpose Projects that each College of Pharmacy from the region took part in were displayed this day. The UIC's project on collaboration with the student produced Internship Fair was presented. On Sunday UIC was awarded the first place in originality and purpose! On Saturday evening we all went to dinner together at the Elephant Bar and it was nice to enjoy an outing as a group.

Sunday's events consisted primarily of the House of Delegates. UIC did well and we were able to pass two proposals into the next stage of the legislative process. These included supporting the use of clinical pharmacy specialists as independent providers and implementing medication therapy management in student's experiential training. I look forward to our chapter pushing our legislative proposals at APhA Annual in Washington D.C. on March 12-15<sup>th</sup>!



Project Unite- first place winner!

## Smoking Cessation

Kurt Neven

Smoking is considered one of the greatest causes of avoidable morbidity and mortality in the United States, because of this fact it is important to educate the community about the health hazards from smoking. This semester APhA student pharmacists have held

smoking cessation booths speaking with current smokers about how smoking negatively affects their health. Many patients had other comorbid conditions such as hypertension and diabetes and students were able to teach these patients how smoking can complicate these conditions. In addition students' help patients develop trigger plans to help patients break the habit of smoking. UIC hospital also has a smoking cessation clinic; at this clinic trained pharmacists sit down with patients and develop trigger plans, monitor CO and prescribe medications to the patients. Students were able to sit in sessions with the pharmacists and help develop the trigger plan for the patient. Lastly APhA members are participating in the Great American Smokeout Challenge sponsored by the American Cancer Society. This is held annually on the third Thursday of November. APhA student pharmacists held booths educating people of the dangers of smoking, passing out help quit guides and answering questions to help people quit.



## Operation Heartburn

Jennifer Thompson

APhA Heartburn Awareness started the semester by offering two training sessions for students. Our faculty advisor, Dr. Djuric, gave a presentation on heartburn and treatment options for students who were unfamiliar with the disease state. Over 60 students attended the sessions. During October, two events were set up at the PCC Pharmacy for American Pharmacist's Month. Pharmacy students were available to speak with patients about their heartburn concerns

and answer questions. Patients were asked about their symptoms, foods that triggered their heartburn, how often it occurred, and what medications they have previously tried. Students were then able to make recommendations to the patients on how to improve their heartburn through lifestyle modifications and medication choices. Brochures and medication samples were also provided to patients.

At the end of November, students set up a booth at a Dominick's pharmacy to provide heartburn information to patients. In addition to the regular brochures, Heartburn Friendly Holiday Brochures were also available, which provided patients with information about recipes that are heartburn friendly. At the beginning of December, an event was set up at the University Village Pharmacy at the UIC Family Medicine Center. Students were able to speak with patients who were waiting for appointments at the clinic or picking up prescriptions at the pharmacy. It was a great opportunity to for patients to stop by to find out more about heartburn and take information with them. Overall, it was a very successful semester for our chapter's Heartburn Awareness events.

## Special Projects: Women's Health

### Tena Flessner

This has been a very productive semester for the APhA Women's Health team. We were thankful for the opportunity to once again participate in the Women's Health Immunization Project at the Center for Women's Health with Dr. Wasik. Eight APhA members, including P2's and P3's were selected to go into the clinic and educate high-risk pregnant patients on the importance of receiving the influenza vaccine. This year we also added the H1N1 vaccine to the Project. So far, Dr. Wasik and the P4 student on her rotation have been able to vaccinate 75 patients! We hope this Project continues to be a huge asset for APhA in the years to come.

In October, we supported American Pharmacists Month by holding an educational booth at the Outpatient Care Center. Students were able to talk to people from the community providing information on different women's health topics including HPV and cervical cancer. Information was also given on Gardasil®. Overall, this was a successful event and we were able to reach many people.



Tena Flessner and Carly Bates



During the week of November 9th, the Women's Health team celebrated, "Halfway to Women's Health Week." Nationally, Mothers Day marks the start of Women's Health Week. However, since the students are on break during this time we felt the need to celebrate the halfway mark! Throughout the week, members of APhA gave information to the community in various locations around the UIC campus. In this short time, we were able to reach out to approximately 50 people in the community by educating and answering questions about HPV, Gardasil®, and cervical cancer. We also distributed teal ovarian cancer awareness ribbons for a donation, which will be going to the National Cervical Cancer Coalition.

We would like to thank Dr. Wasik for welcoming us into her clinic and Dr. Djuric and Dr. Leedock for providing us an area in their respective pharmacies to set up educational booths. We hope to continue reaching out to women in the community by providing education on various Women's Health topics. Our goal next semester is to not only reach out to women but to men as well. Stay tuned for the newest addition to Special Projects, Men's Health! If you are interested in getting involved, please contact me at [tfless2@uic.edu](mailto:tfless2@uic.edu)



It has been another successful semester for Operation Immunization! Over 300 P1-P3 students were trained to provide immunization education in addition to the entire P4 class that is APhA certified to administer vaccinations. This year Operation Immunization coordinated with four major community pharmacy chains: Dominick's, CVS, Osco, and Walgreens to assist with seasonal flu and H1N1 vaccinations. These community sites spanned from Milwaukee, WI to Southern Illinois, including the UIC community. At one such event at UIC, several P3 and P4 students assisted a seasonal flu immunization drive at Student Center West where 1,000 vaccines were administered in three hours! Additionally, Operation Immunization coordinated an event at O'Hare clinics to provide immunization education to travelers – so in addition to local and state outreach we were able to extend our efforts to have an impact nationally and internationally. Through these incredible efforts UIC-COP student pharmacists provided outreach to more than 8,000 patients!

In addition to our participation at community sites, Operation Immunization participated in several local health awareness events. Through a partnership with ICHP, student pharmacists provided Immunization and Asthma education to participants of the American Lung Association Lung Walks in both Oak Brook and Grant Park. Given the success of these events ICHP and APhA continued their partnership to educate residents at Presidential Towers as part of the Healthier Chicago Initiative. Operation Immunization also partnered with SNPhA to provide immunization education at the AIDS Run/Walk at Grant Park. This event allowed student pharmacists to provide outreach to an especially at risk population where immunizations are vital to maintain patients health.

## Operation Immunization Carolyn Sharpe

Operation Immunization continued to provide outreach at the Outpatient Care Center during American Pharmacist's Month. At this event we provided education about Zostavax and Pneumococcal vaccine. It was exciting to be part of an event that featured other organizations to promote the value of pharmacists to patients in the UIC community. Additionally, student pharmacists provided consultations to patients regarding the H1N1 vaccine at the University Village Pharmacy on the East Campus.

It has been an exciting semester given the unusual nature of this year's flu season. The high demand for the seasonal flu shot and H1N1 vaccine has made pharmacists as valuable as ever to help dispel myths and communicate up-to-date information to patients. The outreach that Operation Immunization was able to provide was possible through the incredible enthusiasm and dedication of student pharmacists – thank you for a great semester!



## Operation Diabetes Samantha Keca

The fall 2009 semester got started with a bang as Operation Diabetes cranked out many events that served to educate patients on diabetes. Three training sessions led by Dr. Djuric were offered throughout the semester, and ninety-seven students were able to learn the basics of diabetes and how to use blood glucose monitors.

To kick off the school year, several students participated in the Juvenile Diabetes Research Foundation's Walk to Cure Diabetes on Sunday, October 4<sup>th</sup> and raised over \$300 in donations. Our second event was the American Diabetes Association Step Out: Walk to Fight Diabetes on Saturday, October 17<sup>th</sup>. This was a great event where students were able to volunteer in several ways. Four students walked in the event, and with the help of the friends, family, and UIC-COP, raised over \$225. Others brought awareness to American Pharmacists month by holding a "Know your Medication, Know your Pharmacist" banner along the walking path, and with the help of Jennifer Chan (a UIC-COP alum) thirteen other students were able to check twenty-five patients glucose levels and counsel seventy-five others!

Operation Diabetes also participated in three health fairs, where a total of thirty-six students were able to counsel patients and hand out educational information. These booths were held on Thursday, October 15<sup>th</sup>; Tuesday, October 20<sup>th</sup>; and Tuesday, October 27 at the Outpatient Care Center.

Community Health has been one of the newer projects for Operation Diabetes, and has begun to become a success. Over forty student pharmacists have signed up to volunteer throughout the month of November and will be giving five minute presentations on diabetes every hour to patients in the waiting area of the pharmacy.

Operation Diabetes has also teamed up with the American Diabetes Association to provide a free cooking class that allows patients to have a hands-on cooking experiences with the help of pharmacy students, a pharmacist, and a dietician/chef. The American Diabetes Association has also provided cookbooks for diabetics, to be given to all attendees.

The fall 2009 semester has definitely been a great one, and would not have been possible without the help of the Operation Diabetes Committee! They are an amazing team that has put countless hours into making all of these events a success. If you are interested in participating in any Operation Diabetes events, please contact Samantha Keca and Jake Kelahan at [OperationDiabetesAPhA@gmail.com](mailto:OperationDiabetesAPhA@gmail.com).